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## INTRODUCTION

THIS booklet attempts to give a concise, frank and decent statement of the facts of sex. It is not intended to cater to prurient curiosity nor feed morbid desires. Too long discussion of this subject has been considered indelicate, except in medical clinics, and this inhibition has been the cause of many wrecked lives. There is need—urgent need today for a wider dissemination of information about the essential functions of sex, in simple language that children and laymen can understand, in order that public opinion may be recast by sound instruction.

Without reproduction life would cease when the present generation dies and all civilization would perish. History which has run its course through many ages would come to a close, and there would be none to carry on human achievements. The continuance of life, the making of history, the advance of civilization, all assume that reproduction will continue. As individuals, we must admit that our own lives are due to the fact that our parents held sexual intercourse. Most of us are the fruition of a matchless love consummated in ecstatic bodily union. The wonderful trinity of human life was thus brought about—father, mother, and child.

Despite the tremendous importance of the subject, the utmost secrecy has long prevailed regarding sex. False modesty and puritanical tradition have created obstacles to wholesome discussion and enlightenment on this subject, with unfortunate results, one of which has been the development of prudishness and embarrassment on the part of parents when endeavoring to instruct their children. Silence and mystery have shrouded the subject, in the home, school, and church. Another deleterious result from the arbitrary interdiction of Sex Education has been the misinformation dispensed to children and young people by prurient minded elders and contemporaries through subrosa conversation, crass jokes, vile language, and even perverted conduct.

A mother confined to her home more or less by her duties seldom realizes the extent of the degenerating misrepresentation of sex life her children pick up